

Improve Personal Training Prices and Payment Options



Private 1-2-1 Training

Number of hours	Cost per hour	Total saving	Package cost
1 to 5	£35	NA	£35 x X
6	£32	£18	£192
12	£30	£60	£360
24	£28	£160	£672
36	£26	£324	£936
50	£24	£550	£1,200
<i>All packages of six or more sessions come with a free nutritional analysis which would cost £70 if bought separately.</i>			

Monthly payment plans

1/2 Hr /wk	1 Hr /wk	2 Hr /wk	3 Hr /wk
£17.50 per 1/2 hr	£32 ^{.30} per hr	£30 per hr	£28 per hr
£75/ mnth	£140/mnth	£260/mnth	£360/mnth

NB All monthly payment plans to be paid by standing order only

GROUP PT (2-4 persons)

FRIENDS, FAMILY & TEAM TRAINING

Block payment 6 session minimum purchase

No of sessions	Total Cost	Cost Per Session	Total Cost per session		
			If split between 2	If split between 3	If split between 4
6	£300	£50	£25	£16.67	£12.50
12	£540	£45	£23	£15.00	£11.25
24	£960	£40	£20	£13.33	£10.00

Monthly payment by standing order

Session per week	Total Cost	Cost Per Session	Total Cost per session		
			If split between 2	If split between 3	If split between 4
1	£216	£50	£25	£16.62	£12.46
2	£390	£45	£23	£15.00	£11.25
3	£520	£40	£20	£13.33	£10.00

Full nutritional analysis normal price £70 ~ Available to Group PT plus clients for only £35 one off payment ~ Full written report with recommendations to improve your diet and maximise your ability to achieve your goals